#### FINAL SESSION: WRAP-UP & NEXT STEPS

June 23<sup>nd</sup>, 2021

Nothing about us without us: Building patient-centered research capacity in a consortium of LGBTQIA+ health centers

Patient Centered Outcomes Research Institute (PCORI) Community Engagement Convening Project



### LONG-TERM OBJECTIVES

- 1. Creation of a **strategic plan and vision** for equitydriven research integration, implementation, and dissemination both within and across health centers.
- 2. Development of an **action plan** designed to enhance research infrastructure CHC collaborative partners by drawing on each partner's strengths.
- 3. Identification of strategies to enhance capacity for research at the organizational and health systems levels designed to: a) improve care; b) ensure sustainability; and c) increase representation of LGBTQIA+ identified researchers.

## **OVERALL GOAL FOR WRAP-UP**

The primary objective is to **report back** some ideas, themes, & action steps that have emerged over the past week together, and to **explain** the next steps post-convening.

### WRAP-UP & NEXT Steps

- 1. Present some bullets on information that emerged during each session.
- 2. Discuss next steps for post-convening.
- 3. Share something that you will take away from the convening and/or some hope for our future collaboration.

## **SESSION 1: Shared Research Priorities**

- Mental Health, LGBTQIA+ Competence in Healthcare, & Best Practices in Gender-Affirming Healthcare were ranked as your Top 3 research priorities.
- Research should focus on the **whole person** by **identifying factors** that contribute to **overall health & wellness**, rather than treatment.
- Research should focus on solutions to & strategies that address and mitigate access to care issues, not continue to document disparities.
- Research must define & operationalize LGBTQIA+ competence & gender-affirming care before we can create and test best practices.

## **SESSION 2: Building Research Capacity**

- **Top 3 goals: 1**) increasing health center's capacity to generate research that "solves problems", **2**) enhancing the ability to generate "home-grown" research studies; **3**) improving integration of research into clinical care.
- Research must be non-coercive, inclusive of patients, providers, & researchers, and enhance both patients lives and the care given.
- Identify & enact shared collective power to demand/advocate for, develop, conduct, and disseminate meaningful, patientcentered/driven research.

## **SESSION 2: Building Research Capacity**

- What is needed to begin accomplish these goals:
  - Identify models for research integration & creating actions steps for beginning this process.
  - Creating a collective partnership between health centers to share resources and support.
  - Developing overall mission & rationale for why an integrated research program is important and what it will contribute to both your organizational goals & the community.
  - Setting shared standards for research collaboration both within and across each health center.

# SESSION 3: Increasing LGBTQIA+ Inclusion & Engagement

- Making Research Inclusive & Non-stigmatizing
  - Inclusion of community at all stages in the process.
  - Creating an 'elements of style' guide to improve overall language used in recruitment materials, study protocols, consent forms, surveys, interview guides.
  - Developing a cohort study that enabled people to connect with one another at different stages of the trans journey.

## **SESSION 3: Increasing LGBTQIA+ Inclusion**

- Actively Providing Ongoing Clear Communication about Study Purpose, Design, and Potential Impact.
  - Open engagement session for patients to hear about research underway, in planning, completed. Complete with compensation and meals.
  - Creating research champions within the health center to bridge the gap between patients, providers & researchers.

## **SESSION 3: Increasing LGBTQIA+ Inclusion**

- Ensuring That The People Doing Research Are Members Of The LGBTQIA+ Community.
  - Valuing lived experience over academic qualifications for job roles.
  - Actively reviewing hiring and training practices to ensure that they are equitable and do not include unnecessary requirements for hiring & that job responsibilities and support set people up for success.
  - Creating co-lead research investigator positions Shared role and expertise between community & researchers.
  - Even if researchers are LGBTQIA+ identified ensuring that the research is responsive and includes the community the study is about.

## **Patient Only Session**

- Patients have untapped power and experience navigating a fractured health care system and getting services that everyone needs more information on.
- Research generates information that is useful and allows patients to have control over their healthcare and health decision-making.
- What is the point of community advisory boards if patients do not have any equal say or power to make change.
- Need to create opportunities to broaden patient impact for example, create research advisory committee where patients review research study ideas and proposals before they are implemented.

### SHORT-TERM NEXT STEPS

- 1. Produce a written report based on each convening session & discussion; including a sustainability plan with actions steps toward accomplishing the identified agenda.
- 2. Identify a team of folks to review & provide feedback on report.
- 3. Send out convening evaluation.
- 4. Send contact information list out to begin to form connections & develop collaborative working groups.
- 5. Organize & facilitate a virtual town hall to happen in August to disseminate content from the convening and solicit additional stakeholder engagement in next steps.

### PARTING THOUGHTS

What is something that you will take away from the convening and/or some hope for our collaboration in the future.

## THANK YOU